

# Tomaree Tri Club 24/25 Race 5 - 9th March - Includes FLNFT Women's event



## Gender/AG Results

| All                    | MF  | AG  | Name             | Club | Swim     | Bike     | Run      | Finish   |
|------------------------|-----|-----|------------------|------|----------|----------|----------|----------|
| Short Course Triathlon |     |     |                  |      |          |          |          |          |
| 1.                     | 1.  | 1.  | Joey Lim         | NTC  | 00:03:47 | 00:21:37 | 00:12:10 | 00:37:34 |
| 2.                     | 2.  | 2.  | Jack Adams       | NTC  | 00:03:48 | 00:23:47 | 00:12:04 | 00:39:39 |
| 3.                     | 1.  | 1.  | Audrey Russell   | TTC  | 00:04:17 | 00:25:50 | 00:15:44 | 00:45:51 |
| 4.                     | 2.  | 1.  | Amanda Russell   | MTC  | 00:05:17 | 00:25:10 | 00:15:25 | 00:45:52 |
| 5.                     | 3.  | 2.  | Renee Lim        | NTC  | 00:05:39 | 00:27:47 | 00:14:18 | 00:47:44 |
| 6.                     | 3.  | 1.  | Ben Kellahan     | TTC  | 00:04:19 | 00:28:13 | 00:15:48 | 00:48:20 |
| 7.                     | 4.  | 2.  | Dan Stein        | TTC  | 00:04:20 | 00:28:13 | 00:15:49 | 00:48:22 |
| 8.                     | 5.  | 3.  | Corey Krake      | TTC  | 00:05:40 | 00:30:38 | 00:15:53 | 00:52:11 |
| Long Course Triathlon  |     |     |                  |      |          |          |          |          |
| 1.                     | 1.  | 1.  | Sebastian Hoppe  | TTC  | 00:06:05 | 00:38:35 | 00:25:21 | 01:10:01 |
| 2.                     | 2.  | 2.  | Brendan Kelana   | NTC  | 00:08:02 | 00:39:11 | 00:24:41 | 01:11:54 |
| 3.                     | 3.  | 3.  | Duncan Adams     | NTC  | 00:06:56 | 00:46:07 | 00:25:29 | 01:18:32 |
| 4.                     | 4.  | 4.  | Adam Low         | TTC  | 00:07:57 | 00:42:36 | 00:28:43 | 01:19:16 |
| 5.                     | 5.  | 5.  | Mark Lyons       | TTC  | 00:06:49 | 00:42:51 | 00:30:15 | 01:19:55 |
| 6.                     | 6.  | 1.  | Mathew Holz      | MTC  | 00:08:00 | 00:43:59 | 00:28:08 | 01:20:07 |
| 7.                     | 7.  | 6.  | Matthew Kemsley  | MTC  | 00:08:35 | 00:42:34 | 00:29:15 | 01:20:24 |
| 8.                     | 8.  | 2.  | Blake Waterhouse |      | 00:07:11 | 00:47:57 | 00:27:16 | 01:22:24 |
| 9.                     | 9.  | 7.  | Mark Threadgate  | TTC  | 00:08:34 | 00:43:28 | 00:32:37 | 01:24:39 |
| 10.                    | 10. | 8.  | Alex Lim         | NTC  | 00:09:15 | 00:46:01 | 00:29:58 | 01:25:14 |
| 11.                    | 1.  | 1.  | Lisa Monaghan    | NTC  | 00:08:01 | 00:47:05 | 00:31:27 | 01:26:33 |
| 12.                    | 11. | 9.  | Simon Bowman     | NTC  | 00:08:57 | 00:47:11 | 00:32:15 | 01:28:23 |
| 13.                    | 2.  | 1.  | Ashleigh Parkes  | NTC  | 00:09:10 | 00:49:19 | 00:30:24 | 01:28:53 |
| 14.                    | 12. | 3.  | Robin Treier     |      | 00:07:56 | 00:46:18 | 00:36:14 | 01:30:28 |
| 15.                    | 13. | 10. | David Tiller     | TTC  | 00:10:40 | 01:00:31 | 00:38:27 | 01:49:38 |
| 16.                    | 14. | 11. | Paul Kemsley     |      | 00:12:10 | 00:59:08 | 00:40:25 | 01:51:43 |

# Tomaree Tri Club 24/25 Race 5 - 9th March - Includes FLNFT Women's event



## Gender/AG Results

| All                                                    | MF | AG | Name                 | Club | Swim     | Bike     | Run      | Finish   |
|--------------------------------------------------------|----|----|----------------------|------|----------|----------|----------|----------|
| Long Course Aquabike                                   |    |    |                      |      |          |          |          |          |
| 1.                                                     | 1. | 1. | Fiona Remington      | TTC  | 00:09:13 | 00:48:50 | 00:00:11 | 00:58:15 |
| FLNFT Women's Enticer Aquathon (Swim +Transition+ Run) |    |    |                      |      |          |          |          |          |
| 1.                                                     | 1. | 1. | Emmanuelle Sloan     |      | 00:07:30 | 00:01:13 | 00:23:52 | 00:32:35 |
| FLNFT Women's Enticer Duathlon                         |    |    |                      |      |          |          |          |          |
| 1.                                                     | 1. | 1. | Maria Mulhearn       |      | 00:11:05 | 00:33:21 | 00:20:22 | 01:04:48 |
| 2.                                                     | 2. | 2. | Ines Vara            | TTC  | 00:11:05 | 00:33:21 | 00:20:22 | 01:04:48 |
| Short Course FLNFT Women's Enticer Triathlon           |    |    |                      |      |          |          |          |          |
| 1.                                                     | 1. | 1. | Louise Fitzsimmons   |      | 00:05:21 | 00:25:20 | 00:17:45 | 00:48:26 |
| 2.                                                     | 2. | 2. | Monique Krake        | TTC  | 00:05:19 | 00:30:15 | 00:16:00 | 00:51:34 |
| 3.                                                     | 3. | 3. | Miriam East          | TTC  | 00:05:20 | 00:30:42 | 00:15:59 | 00:52:01 |
| 4.                                                     | 4. | 4. | Louise O'Rourke      | TTC  | 00:04:28 | 00:32:27 | 00:15:14 | 00:52:09 |
| 5.                                                     | 5. | 5. | Annette Moxey        | TTC  | 00:04:38 | 00:30:37 | 00:19:46 | 00:55:01 |
| 6.                                                     | 6. | 6. | Christine Henry-Watt |      | 00:05:39 | 00:35:12 | 00:17:36 | 00:58:27 |
| 7.                                                     | 7. | 7. | Jaci Richards        | TTC  | 00:05:38 | 00:35:15 | 00:17:34 | 00:58:27 |
| 8.                                                     | 8. | 8. | Juliet O'Rourke      | TTC  | 00:05:30 | 00:35:00 | 00:22:19 | 01:02:49 |
| 9.                                                     | 9. | 9. | Lauren Hilton        |      | 00:06:36 | 00:36:31 | 00:24:48 | 01:07:55 |

Number of records: 37